



SOUP Served with bread or GF crackers

- Soup of the Day** our satisfying daily creation 14
- African Peanut Soup** rich, thick and delicious 16
- Haddock Chowder** haddock, onion, potato, celery, cream and herbs 18

Combination Station

Choose a cup of Soup of the day or African Peanut

- ½ **Roast Chicken Breast** brie, apple, curry mayo 25
- ½ **BLT** , bacon, arugula and seasoned tomato 20
- ½ **Sweet potato salad** sweet potato with almonds, onion, spinach and brie, and grilled 21

SANDWICHES

Served with Chips

- Roast Chicken Breast** brie, apple, curry mayo 20
- Club house** piled high with roast chicken, bacon, arugula and tomato 23
- Sweet potato salad** sweet potato with almonds, onion, spinach and brie, and grilled 21

ENTREES

- Trellis Fishcakes** two savory salt cod and potato cakes, served with tartar sauce and choice of salad 21
- Massaman Coconut Curry** sweet potato, chick peas, lentils, raisins, brown rice, cashews, green onion **V GF** 20
- Omelette** three egg omelette. Choose one - brie or cheddar Choose two 36
- Lobster Roll & Chips** 4 oz of local lobster, mayo, arugula, red onion, on a garlic grilled potato bun, served with lemon 36

BURGERS

Served with chips

- Trellis Smash** classic smash burger with the works 20
- Haddock Burger** panfried haddock on a toasted bun with homemade pickled vegetables, tartar and arugula 23
- Veggie Burger** falafel style patty topped with caramelized onions, mixed greens, bombay sauce **V*** 19

SALADS

- Caesar** arugula and crispy kale. Oulton's bacon, parmesan petals, seasoned croutons, and our divine caesar dressing 9/19
- Orange Almond** mixed greens, mandarins, raisins, sliced almonds, orange poppyseed vinaigrette 9/19

Add **Chicken** 8 or **Shrimp** 12

V - Vegan **GF** - Gluten Free **V* GF*** Available upon request

Most but not all ingredients are listed above, please let your server know if you have any allergies or dietary restrictions before ordering